



MEDICATION CAN OFFER A PATHWAY TO HEALING.

**Opioid addiction is a chronic disorder.
It can affect anyone.**

Like other illnesses, addiction can be treated and managed with medication and other tools to support healing. Many people with addiction live healthy lives in recovery.

Medications for opioid use disorder, or MOUD, give people with addiction to fentanyl or other opioids the chance to heal. MOUD is an effective treatment for people with opioid addiction.

Treatment made for Native people **saves Native lives.**

Connection to our Native traditions and identities is good for treatment and recovery. If you or someone you care about is ready for treatment, look for a program that blends medication with other clinical and traditional health care practices in a community-based setting.

- Explore the Washington Tribal Opioid Resource Exchange. aihc-wa.com.
- Contact your Tribe's or community's behavioral health or medical center.
- Call the Native Resource Hub at **(866) 491-1683**.
- Call the 24-hour Washington Recovery Help Line at **(866) 789-1511**.
- Use the Washington Recovery Help Line MOUD locator.
- **Call 988 and press 4** to reach the Native and Strong Lifeline.

After hours, you can call the **Washington Recovery Help Line** at **(866) 789-1511** to find treatment.



ForNativeLives.org/treatment

Learn more about medications for opioid use disorder as part of Native-centered treatment.

FOR OUR LIVES

**Medication can help
people in treatment
and recovery.**

Healing happens.

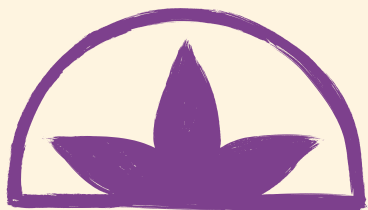


Medication brings needed **stability**.

Medication brings stability into a person's life. This lets them work on healing trauma, repairing relationships, building resilience, and learning new ways of coping as part of Native-centered, whole-person care.

Taking MOUD is **not the same as being dependent on fentanyl or other opioids off the street**.

- Taking medication under medical supervision is safer than taking fentanyl made in illegal labs.
- With medication, people who are fentanyl-dependent don't have to spend time getting or using drugs. They can focus on recovery.
- For pregnant people, medication helps protect the baby. **Medications for opioid disorders are safe during pregnancy.**



You see a change in folks.
The medication is working, they feel good, they start working with a counselor or peer.
Their face starts to change. They look happier.

Josette Ross (pictured below and on the front) works to help Tribes open clinics that treat people with opioid use disorder. She is a descendant of the Nisqually, Sauiteaux and Haudenosaunee Tribes.



PROVIDERS HELP FIND THE RIGHT TREATMENT.

People with opioid use disorder can work with doctors and other health care providers to find the right medication and dose to help them feel better. As with other health conditions, **treating opioid use disorder looks a little different for everyone.**

Medication is available on different schedules and in different forms. **Some can be taken just once a month.**

Methadone

Prevents the person from getting high while also preventing withdrawal symptoms, so they don't have to detox. Methadone has become more flexible and accessible. It's available at specially regulated clinics and is the most effective medication for fentanyl dependency.

Buprenorphine (brand name Suboxone)

Prescriptions can be filled at a pharmacy, which can be easier than visiting a clinic for some people. Like methadone, buprenorphine prevents opioid withdrawal symptoms, cravings and highs.

Naltrexone (brand name Vivitrol or ReVia)

Works for both opioids and alcohol. It also blocks the effects of other drugs if the person relapses. It is offered in many medical settings.