



I found hope at my treatment center. There's hope, and there's love, and there's kindness.

Robert Coberly | Tulalip Tribes

Native-centered treatment helps us heal and recover.

FOR OUR LIVES
Acting now to end overdose

WHAT WE CAN DO



Look for Native-centered treatment.

Programs that include traditional healing practices often work well for Native people. To find a program, contact your health center or call the **Native Resource Hub** at (866) 491-1683.



Learn about medication options.

Medication can prevent withdrawal and reduce opioid cravings, so people with substance use disorder can focus on recovery.



If you're pregnant, seek treatment now.

If you use fentanyl or other opioids, starting treatment is one of the best things you can do for your baby and yourself.



ForNativeLives.org/treatment

Learn more about treatment for substance use disorder, including how to help someone you care about.