



Living with addiction, sticking with recovery — that takes **strength.**

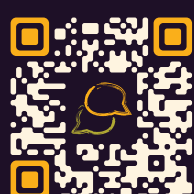
Dakota Ford | *Spokane Tribe of Indians*

Stigma tells stories that harm us.
We are telling stories that heal.

The way we talk about treatment tells a story that others take to heart. All it takes to change a story is one word.

For Dakota, the word is **strength.**

He says his strength comes from inside, but also from others. His mom, his dad, his friends and relatives who check on him — when people show they care, that gives him strength for recovery.



FOR OUR LIVES

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