

We can get naloxone from our **tribes and communities.**

Tribes often provide naloxone and training at no charge. Check with:

- Your tribe.
- Your pharmacy.
- Your local substance-prevention group.
- The Native Resource Hub.
Call **(866) 491-1683**.
- The People's Harm Reduction Alliance.
Go to **phra.org**.



ForNativeLives.org

Acting now to end overdose.



FOR OUR LIVES

Learn the signs
of opioid overdose
and how to stop it.

We are saving lives.

Fentanyl is a potent drug. **Naloxone** stops overdoses.

Fentanyl is an opioid causing many overdose deaths. Even a tiny amount can lead to overdose.

When someone is overdosing on an opioid, **we can use naloxone to save their life.**

Naloxone (also called Narcan) is medication that comes in a small device you can carry with you.

HOW TO HELP A PERSON WHO'S OVERDOSING



Check for the signs.

Someone might be overdosing if they:

- Can't wake up.
- Are breathing irregularly or not at all.
- Are making a gurgling sound.
- Are turning blue, gray or purple, or their skin feels cold.



Call 911.

If you can, stay with the person until help arrives. In most cases, Washington law protects you and the person who's overdosing against drug-possession charges if you get help to save their life.

Ask your tribal health care center or police about your tribe's laws.



Give them naloxone.

Giving someone naloxone won't hurt them, even if they're not using opioids. And you can't hurt them by giving them "too much."



Do CPR.

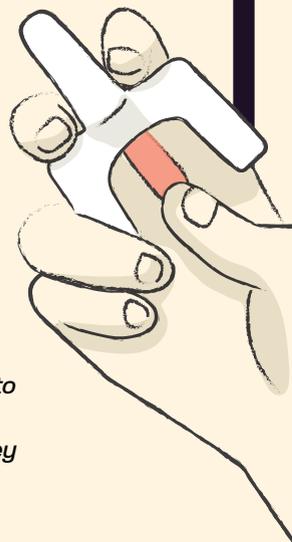
If they are still not breathing or don't have a pulse, do chest compressions alone or with rescue breaths.

HOW TO USE NALOXONE

Make sure the person is lying down.

- 1** Open the box and packaging.
- 2** Place the nozzle inside either nostril.
- 3** Press the plunger all the way (until it clicks).
- 4** If they don't respond in two or three minutes, use another dose.

It could take several doses to work. Keep giving them naloxone or do CPR until they wake up or help arrives.



Watch a video about how to use naloxone at [ForNativeLives.org](https://www.ForNativeLives.org)